

Aging & Disability Resource Directory *of San Benito County*



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**The Aging & Disability Resource Connection (ADRC)
of San Benito County**

300 West Street, Hollister, CA 95023

Toll-Free: (888) 637-6757

Email: info@SanBenitoADRC.org

Website: www.SanBenitoADRC.org

Online Resource Directory at:

www.sanbenitoadrc.org/resource-directory

Bilingual, regularly updated, and available for download 24/7!

**The ADRC of San Benito County is
a program of the Area Agency on Aging
Seniors Council of Santa Cruz & San Benito Counties**

175 Westridge Drive, Watsonville, CA 95076

Main: (831) 688-0400

Website: www.SeniorsCouncil.org

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A Note to Our Readers

San Benito County's Aging & Disability Resource Connection (ADRC) is both a service hub and a network of committed community organizations assisting older adults, individuals living with disability, and caregivers. We identify community resources, provide service enrollment assistance, aid in navigating complex public benefit systems, and access information on dozens of nonprofit community-based service partners.

ADRCs act as a "No Wrong Door" system, enabling people of all ages, incomes, and abilities to connect with partnering organizations to access an array of Long-Term Services and Support options. We are tasked with meeting real needs and making real differences in the lives of those whom we are privileged to serve and learn from.

We have prioritized local non-profit agencies within this Directory whenever available. Note that the following truncated terms were used to save space where applicable: "SBC" (San Benito County), "SJB" (San Juan Bautista), "Hst" (Hollister).

Please call 888-637-6757 or email us at info@sanbenitoadrc.org with any content modifications so we can continue to improve these listings. *We also maintain an updated online bilingual downloadable PDF version of this Resource Directory at www.SanBenitoADRC.org.*

This resource was prepared by the ADRC of San Benito County and funded by the California Department of Aging. Note that a listing does not constitute a recommendation of an agency or its service(s) and Seniors Council shall not be held liable for any damages or injury caused therein. Due to the changing nature of the information, reproduction is limited to Seniors Council.

Thank you! We hope you find this project useful.

Britt Bassoni, *Director of Special Projects*

Leanne Oliveira, *ADRC Program Coordinator*

Crystal Ortiz-Delgadillo, *ADRC Program Coordinator*

Seniors Council of San Benito and Santa Cruz County

911 – Emergency Resources

24-HR EMERGENCY VETERINARIANS

Listings within 1-hour radius of San Benito County. Note that the Red Cross offers classes on Pet First Aid! Visit www.redcross.org.

MedVet Silicon Valley, San Jose	(408) 649-7070
Monterey Peninsula Vet, Monterey	(831) 373-7374
Pacific & Santa Cruz Vet Specialists, Santa Cruz	(831) 475-5400
Blue Pearl of Monterey, Del Rey Oaks	(831) 899-4838

CAL ALERT SYSTEM

Sign up to receive alerts (text, e-mail, voicemail) about emergency situations.
www.calalerts.org/signup.html

CRISIS LINES

Automated bilingual assistance for various crisis.

Adult Protective Services - Public Authority	(831) 636-4190
Community Solutions (crises related to mental health, domestic violence, sexual assault, and/or human trafficking.)	(831) 637-1094
Domestic Violence Crisis Line (SBC HHSA)	(877) 363-7238
Emmaus House (shelter & aid to victims of DV in SBC)	(877) 778-7978
Family Service Agency of the Central Coast	(877) 663-5433
National Suicide Prevention/Crisis Lifeline	988
SBC Behavioral Health Main Line	(888) 636-4020
SBC Behavioral Health 24/7/365 Crisis Intervention	(831) 902-2911
SBC Office of Emergency Services	(831) 636-4168
Substance Abuse & Mental Health Svcs Disaster Distress Line	(800) 985-5990
United for San Benito www.unitedforsanbenito.org	211

FIRE DEPARTMENTS

CAL-Fire San Benito-Monterey-Aromas	(831) 726-3130
Hollister Fire Department	(831) 636-4325
CALFIRE	(831) 637-4474
San Juan Bautista Fire Department	(831) 623-4513

HOSPITALS

Community Hospital of the Monterey Peninsula	(831) 624-5311
Dominican Hospital: Santa Cruz	(831) 462-7700
Hazel Hawkins Memorial Hospital: Hollister	(831) 637-5711

Natividad Medical Center: Salinas	(831) 755-4111
St. Louise Regional Hospital: Gilroy	(408) 848-2000
Salinas Valley Memorial Hospital	(831) 757-4333
Sutter Health: Watsonville, Santa Cruz	(831) 458-5860
Watsonville Community Hospital	(831) 724-4741

LATINO COALITION OF SAN BENITO COUNTY

Provides community programs, social and cultural events, emergency services, and learning opportunities to foster positive change and diversity which serve to enhance economic conditions, elevate educational attainment, amplify political influence, promote health initiatives, and safeguard civil rights.

PO Box 504, Hollister, CA 95024 (831) 673-2009
 latinocoalitionofsanbenitoco@gmail.com
 www.latinocoalitionofsanbenitocounty.org

PHARMACIES

Amazon pharmacy.amazon.com	(855) 745-5725
CVS (Target) 1790 Airline Hwy, Hollister, CA 95023	(831) 638-4824
Raley’s 1700 Airline Hwy, Hollister, CA 95023	(831) 637-7423
Safeway 591 Tres Piños Rd, Hollister, CA 95023	(831) 638-3247
Walgreens 600 Tres Piños Rd, Hollister, CA 95023	(831) 638-1024

PUBLIC HEALTH DEPARTMENTS

For press releases, vaccine information, and other useful supports.

San Benito County Department of Public Health:
 hhsa.sanbenitocountyca.gov/public-health-2 (831) 637-5367
 California Dept of Public Health: cdph.ca.gov (916) 558-1784

RED CROSS

For non-emergency general inquiries including classes, blood donations, and disaster relief donations, please contact the Hotline listed below.

Local: 440 San Benito Street (Epicenter), Hst, CA 95023 (831) 636-2100
 Non-Emergency Assistance Hotline (800) 733-2767
 Red Cross Hero Care (urgent military family assistance) (877) 272-7337
 www.redcross.org

US CENTERS FOR DISEASE CONTROL AND PREVENTION (CDC)

A national agency, the CDC protects against health, safety, and security threats.
 www.cdc.gov (800) 232-4636

Emergency Preparedness Checklist

BASIC EMERGENCY NEEDS AND SUPPLIES

- ✓ Emergency blanket
- ✓ Map(s) of the local area
- ✓ Battery-operated radio
- ✓ Manual can opener
- ✓ One change of clothing
- ✓ Extra set of keys
- ✓ Food: Include non-perishables and foods that do not need cooking (3-day supply for evacuation & 2-week supply for home)
- ✓ Sanitation and personal hygiene items (toilet paper, gloves, bags, etc)
- ✓ Copies of personal documents: Medication list and pertinent medical information, deed/lease to home, birth certificates, insurance policies
- ✓ Family and friends' emergency contact information
- ✓ Cash and coins since ATMs may not be accessible
- ✓ Whistle to attract the attention of emergency personnel
- ✓ Pet supplies: Including food, medications, and vaccination records
- ✓ Medication: 7 Day Supply
- ✓ Multipurpose Tool
- ✓ Water: 1 gal per person/day
- ✓ Flashlight + Batteries
- ✓ Cell Phone + Solar Battery
- ✓ First aid kit and manual

COLD CLIMATE EMERGENCY SUPPLIES

- ✓ Long pants, long-sleeved shirt
- ✓ Thick socks and sturdy shoes
- ✓ Hat, mittens, scarf
- ✓ Jacket or coat
- ✓ Sleeping bag or warm blanket

SUPPLIES FOR YOUR VEHICLE

- ✓ Bottled water
- ✓ Maps
- ✓ First aid kit and manual
- ✓ Jumper cables
- ✓ Winter: Blanket, hat, mittens, shovel, tire chains, windshield scraper
- ✓ Summer: Sunscreen lotion SPF 15 or higher, shade item (umbrella, wide-brimmed hat, etc.)
- ✓ Non-perishable foods
- ✓ Tire repair kit
- ✓ Flashlight with batteries
- ✓ Flares

Sources:

American Red Cross - Disaster Preparedness for Seniors by Seniors

www.redcross.org/get-help/how-to-prepare-for-emergencies/older-adults.html

American Red Cross - Survival Kit Supplies: www.redcross.org/get-help/how-to-prepare-for-emergencies/survival-kit-supplies.html

Caregiver Services

For a flyer listing recommended SBC caregivers and companions, visit our offices at 300 West Street in Hollister, call 888-637-6757, or email info@sanbenitoadrc.org.

CENTRAL COAST VISITING NURSE ASSOCIATION (VNA) & HOSPICE

Nonprofit agency providing skilled home health care and community services.

5 Lower Ragsdale Dr, Monterey, CA 93940 (831) 230-2027

www.ccvna.com/hollister-hospice-care-palliative-care-need-know

DEL MAR CAREGIVER RESOURCE CENTER – HEALTH PROJECTS CENTER

Assists caregivers of adults with cognitive disorders and offers care planning advice, respite care, support groups, educational workshops, and more.

440 San Benito St, Hollister, CA 95023 (800) 624-8304

www.delmarcaregiver.org

ELDERCARE LOCATOR

A public service offering caregiver background checks. www.eldercare.acl.gov

HOPE SERVICES

Offering day services, training/employment, and mental health services of all ages. Only accepts referrals from the San Andreas Regional Center (SARC).

320 4th Street, Hollister, CA 95023 (831) 638-6850

SOCIAL VOCATIONAL SERVICES (SVS)

Offers a Day Center, training/employment, transportation services, and more. All ages. Only accepts referrals from the San Andreas Regional Center (SARC).

340 6th Street, Hollister, CA 95023 (831) 638-0103

www.socialvocationalservices.org

VA CAREGIVER SUPPORT PROGRAM - DEPARTMENT OF VETERAN AFFAIRS

Offers clinical services to caregivers of eligible and covered Veterans enrolled in the VA health care system.

Palo Alto Division: 3801 Miranda Ave, Palo Alto, CA 94304 (650) 614-8419

Outpatient Clinic: 201 9th St, Marina, CA 93933 (831) 884-1000

www.caregiver.va.gov

Community & Cultural Centers

AROMAS GRANGE

Offers pancake breakfasts, exercise classes, workshops, tech classes, free food distribution (1st and 3rd Tuesdays, 5pm-6pm), shows, rental space and much more.
<https://www.aromasgrange.org> (831) 227-3920

BOLADO PARK EVENT CENTER

Offers camping, rodeo/fairgrounds, and indoor and outdoor rental spaces.
9000 Airline Hwy, Tres Piños, CA 95075 (831) 628-3421
www.boladoparkeventcenter.com

CITY OF HOLLISTER PARKS & RECREATION DEPARTMENT PAULINE VALDIVIA MEMORIAL COMMUNITY CENTER

Shared site of Parks & Recreation, Seniors Council's ADRC program, Jovenes de Antaño (loteria/bingo), Martha's Kitchen (Meals on Wheels, luncheon, activities).
300 West St, Hollister, CA 95023

Parks & Recreation	www.Hollister.CA.gov	(831) 636-4390
Seniors Council/ADRC	www.SanBenitoADRC.org	(888) 637-6757
Martha's Kitchen	www.Marthas-Kitchen.org	(669) 437-0865
Jovenes de Antaño	www.JDASeniors.org	(831) 637-9275

COMMUNITY FOUNDATION EPICENTER - COMMUNITY FOUNDATION OF SBC

Designed as a space to foster and encourage collaboration among community service organizations. Meeting rooms are available to reserve free of charge.
400 San Benito Street, Hollister, CA 95023 (831) 630-1924
www.givesanbenito.org

INDEPENDENT ORDER OF ODD FELLOWS (IOOF) LODGE

Historic event venue that offers a unique space for gatherings and celebrations.
330 4th Street, Hollister, CA 95023 (831) 637-3688

LATINO COALITION OF SAN BENITO COUNTY

Provides community programs, social and cultural events, emergency services, and learning opportunities to foster positive change and diversity which serve to enhance economic conditions, elevate educational attainment, amplify political influence, promote health initiatives, and safeguard civil rights.

PO Box 504, Hollister, CA 95024
latinocoalitionofsanbenitoco@gmail.com
www.latinocoalitionofsanbenitocounty.org

(831) 673-2009

MARY VELASCO SELLEN SENIOR CENTER (MVSSC)

Offering congregate meals, speakers, free exercise and recreational classes. Technology workshops planned out of its office in Windmill Plaza in SJB.

Luncheons & Exercise: 58 Monterey St, SJB, CA 95045 (831) 262-3484

Main Office: 301 The Alameda #B-5, SJB, CA 95045 www.mvsscsjb.org

NATIVE DAUGHTERS ADOBE

Hosts of exercise classes and pedro gaming. Provides scholarships.

203 4th Street, SJB CA 95045

(831) 637-4044

www.ndgw.org/team/bautista-179

SAN BENITO COUNTY HISTORICAL & RECREATIONAL PARK

Buildings and grass lots are available for event rentals. Park features a museum, trails, camping, and "historical village". Administered by the SBC Historical Society.

8300 Airline Highway, Tres Piños, CA 95075

Reservations: (831) 636-4170

www.sbchistoricalsociety.org/historical-village

SAN JUAN BAUTISTA COMMUNITY CENTER

Ideal for weddings and social events. Brief walk from picturesque Mission San Juan Bautista. Call to check dates for availability. Rental forms on website.

10 San Jose St, San Juan Bautista, CA 95045

(831) 623-4661

www.san-juan-bautista.ca.us/community/city_hall/community_hall/index.php

SOCIEDADE DO DIVINO ESPÍRITO SANTO (SDES) PORTUGUESE LODGE

Açorean-Portuguese cultural center that hosts cioppinos and an annual celebration featuring a parade, dancing, auctions, games, and free community meals.

695 7th St, Hollister, CA 95023

(831) 637-2827

www.facebook.com/sdesportuguesehall.hollister

ST. FRANCIS RETREAT CENTER

Conference facilities, A+ cuisine, and lodging accommodations in a serene setting.

549 Mission Vineyard Road, SJB, CA 95045

(831) 623-4234

www.stfrancisretreat.com

VETERANS MEMORIAL BUILDING

With a capacity of 1000, it is ideal for weddings, corporate events, and parties.

649 San Benito Street, Hollister, CA 95023

(831) 637-7011

www.hollister.ca.gov/business_detail_T11_R18.php

VFW HALL / LESLIE L. GARRATT MEMORIAL POST 6359 - SJB

Historic building that is home to various events. Rental opportunities available.

58 Monterey St, San Juan Bautista, CA

(831) 623-4320 Main Line

www.vfw6359.org

(408) 603-9065 For Rentals

Councils, Commissions, & Elected Officials

AGING & LONG-TERM CARE COMMISSION (ALTCC) OF SBC

Advises local, state, and federal government agencies to improve the operation and efficiency of Long-Term Care and Adult Day Care systems. Now recruiting!

Philip M Geiger, ALTCC Chair

(831) 238-2491

pmgeiger@alz.org

AREA AGENCY ON AGING ADVISORY COUNCIL

Designated by the state to advocate for and identify the needs of seniors. Distributes federal and state funds to local senior service providers.

175 Westridge Drive, Watsonville, CA 95076

(831) 688-0400

www.seniorscouncil.org

COMMUNITY ACTION BOARD FOR SAN BENITO COUNTY

Advisory Board to Community Services & Workforce Development (CSWD). Assesses local needs and applies for grants to serve low-income residents.

1161 San Felipe Rd #B, Hollister, CA 95023

(831) 637-9293

www.sbccab.com

HOLLISTER CITY COUNCIL

Meets the first and third Monday of each month at 6:30 PM. Agendas, minutes, and video for meetings are available online at City of Hollister Meeting Portal.

375 Fifth Street, Hollister, CA 95023

(831) 636-4300

Main: https://hollister.ca.gov/government/city_council.php

SAN BENITO COUNTY BOARD OF SUPERVISORS

Directs general operations of the various County departments and districts by establishing policies and approving funding. Meets Tuesdays 9 AM – 5 PM.

481 4th St, 1st Floor, Hollister, CA 95023

(831) 636-4000

www.sanbenitocountyca.gov/government/county-of-san-benito-board-of-supervisors-bos

SAN JUAN BAUTISTA CITY COUNCIL

Meets third Tuesdays of each month in Council Chambers at City Hall at 6:00 p.m.

311 2nd Street / POB 1420, San Juan Bautista, CA 95045 (831) 623-4661
www.san-juan-bautista.ca.us/government/city_council.php

SOCIAL SERVICE TRANSPORTATION ADVISORY COUNCIL (SSTAC)

Advises the Council of Governments and the Local Transportation Authority on transportation accessibility for elderly, disabled, and low-income.

www.sanbenitocog.org/sstac-committee

STATE OF CALIFORNIA

GOVERNOR’S OFFICE	www.gov.ca.gov
1303 10th Street #1173, Sacramento, CA 95814	(916) 445-2841

STATE ASSEMBLY SPEAKER: DISTRICT 29 www.Assembly.CA.gov
For Monterey, San Benito, Santa Clara, Santa Cruz, and San Benito Counties:
60 West Market St, Suite 110, Salinas, CA 93901 (831) 759-8676

STATE SENATE: DISTRICT 17	sd17.senate.ca.gov
100 W Alisal Street, Salinas, CA 93901	(831) 657-6315

US HOUSE OF REPRESENTATIVES: DISTRICT 18	
142 West Alisal Street #E116, Salinas, CA 93901	(831) 837-6000

Counseling & Mental Health Services

ADULT PROTECTIVE SERVICES - SBC HEALTH & HUMAN SERVICES AGENCY

Serves elderly and dependent adults unable to protect themselves from abuse, neglect, or financial exploitation and those unable to meet their own needs.

1111 San Felipe Rd #205, Hollister, CA 95023 (831) 636-4190

hhsa.cosb.us/children-and-adult-services/report-adult-abuse

AL-ANON FAMILY GROUPS

Support groups for relatives and friends of alcoholics. Call for meeting details.

Meeting List: www.al-anon.org/al-anon-meetings (831) 204-0122

www.district23alanon.org

ALCOHOLICS ANONYMOUS (AA) – SALINAS VALLEY AREA INTERGROUP

Helping those struggling with alcoholism. Offers a 24-hour hotline and various meeting locations (including male, female, and unisex options) in Hollister.

Salinas AA Central Office for Alcoholics Anonymous

www.aasalinas.org

HOTLINE: (831) 424-9874

ALZHEIMER'S ASSOCIATION OF NORTHERN CALIFORNIA AND N. NEVADA

Offers consultations, support groups, education, and more for people living with Alzheimer's disease or other dementia along with their families and caregivers.

www.alz.org/norcal

(800) 272-3900

COMMUNITY SOLUTIONS

Provides critical support and services to anyone (all ages) experiencing crises related to mental health, domestic violence, sexual assault, and human trafficking.

341 Tres Piños Road #202-B, Hollister, CA 95023

(831) 637-1094

www.communitysolutions.org

HEALTH PROJECTS CENTER – MSSP, ECM, DEL MAR CAREGIVER

Offers the following programs in San Benito County: MSSP, ECM, and Del Mar Caregiver Resource Center. Offers care planning advice, care management, workforce development, respite care, support groups, workshops, and more.

Del Mar CRC: 440 San Benito St, Hst, CA 95023

(800) 624-8304

www.delmarcaregiver.org

Health Projects Center: 440 San Benito St, Hst, CA 95023 (800) 624-8304

www.HPCN.org
MSSP: 440 San Benito St, Hst, CA 95023 (800) 624-8304
www.hpcn.org/mssp

FAMILY SERVICE AGENCY OF THE CENTRAL COAST

Counseling for individuals, couples and families in SBC and SCZ. Adjusted fee scale.
I-You Venture (831) 459-8917
Senior Outreach Program (831) 728-9009
Toll-Free Suicide Prevention Crisis Line (877) 663-5433
Survivors Healing Center (831) 423-7601
WomenCARE (831) 457-2273
www.fsa-cc.org

HAZEL HAWKINS MEMORIAL HOSPITAL - SUPPORT GROUPS

Support group offerings vary. Call for updated information.
www.hazelhawkins.com/patients-visitors/seminars-classes-support-groups

MAKE THE CONNECTION

Free mental health information for veterans including a resource locator tool and videos sharing inspiring stories of treatments and recoveries.
www.maketheconnection.net

NAR-ANON FAMILY GROUPS OF CENTRAL CALIFORNIA REGION

Support groups for relatives and/or friends of those with substance use disorders.
www.naranoncentralca.org naranoncentralca@gmail.com

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

Provides support groups, education, and referrals. Programs are currently being run via Zoom, enabling participation from San Benito County residents.
35 Penny Lane #2, Watsonville, CA 95076 (831) 824-0406 Office
www.namisc.org (831) 205-7074 Spanish (831) 427-8020 English

NORTH AMERICAN MENTAL HEALTH SERVICES (NAMHS)

Opened Summer 2025. Offers a comprehensive range of mental health services.
901 Sunset Drive #4, Hollister, CA 95023 (888) 292-8080
namhs.com/hollister-therapy

SAN BENITO COUNTY BEHAVIORAL HEALTH DEPARTMENT

Offers a range of mental health and substance use disorder therapy for all ages in individual and group settings. Refer to website for a variety of other services.

1131 Community Parkway, Hollister, CA 95023 (831) 636-4020

24/7/365 Mobile Crisis Response support (831) 902-2911

www.sanbenitocountyca.gov/departments/behavioral-health

SUBSTANCE ABUSE & MENTAL HEALTH SERVICES ADMINISTRATION

Provides practical advice on identifying health concerns, developing coping skills, and finding help with emotional or other health problems.

www.samhsa.gov

SUICIDE PREVENTION LIFELINE / SUICIDE & CRISIS LIFELINE

Provides confidential emotional support 24/7 across the USA. Available via phone, text, or online chat. Calls are answered by Suicide Prevention Service of the Central Coast, a program of the Family Service Agency of the Central Coast.

www.988california.org

988

Day Centers

Day Centers are designated safe, supportive environment for seniors and/or adults with disabilities who are in need of supervision but wish to remain living at home. Services include programs which meet health needs as well as cognitive, emotional, and social needs. Day services also provide respite for caregivers who would otherwise work 24/7. Given the few local Day Centers available, we expanded the list to include those within our closest neighboring communities.

ELDERDAY ADULT DAY HEALTH CARE / COMMUNITY BRIDGES

Offering healthcare (including dental checks), lunch, daily activities. Transportation provided to SBC residents in Aromas and SJB.

501 Main Street, Watsonville, CA 95076

(831) 458-3481

www.CommunityBridges.org/elderday

HOPE SERVICES

Offering day services, training/employment, and mental health services of all ages. Only accepts referrals from the San Andreas Regional Center (SARC).

320 4th Street, Hollister, CA 95023

(831) 638-6850

www.hopeservices.org

LA CASA ADULT DAY HEALTH CENTER, INC

Offers wellness and leisure services and activities. Assists seniors to maintain or restore their capabilities to their optimal potential. Open to SBC residents.

909 Blanco Circle Suite B, Salinas, Ca 93901

(831) 998-8130

www.lacasacenter.com

maria@lacasacenter.com

LIVE OAK ADULT DAY CENTER

Community-based NPO providing a specialized program of adult day care for frail elderly dependent adults. San Benito County residents welcome.

651 W. Sixth Street #2 Gilroy, CA 95020

(408) 847-5491

www.liveoakadultdaycare.org

SOCIAL VOCATIONAL SERVICES (SVS)

Offers a Day Center, training/employment, transportation services, and more. All ages. Only accepts referrals from the San Andreas Regional Center (SARC).

340 6th Street, Hollister, CA 95023

(831) 638-0103

www.socialvocationalservices.org

Dental Care

ELDERDAY ADULT DAY HEALTH CARE / COMMUNITY BRIDGES

Offering healthcare (including dental checks), lunch, planned fun daily activities. Transportation provided to SBC residents in Aromas and SJB.

501 Main Street, Watsonville, CA 95076 (831) 458-3481
www.CommunityBridges.org/elderday

DENTI-CAL / MEDI-CAL DENTAL PROGRAM

Provided to all eligible Medi-Cal recipients.

www.dhcs.ca.gov/services/Pages/MediCalDental.aspx
www.dental.dhcs.ca.gov (800) 322-6384
Medi-Cal (San Benito County Public Assistance) (831) 636-4180

DENTISTRY 4 VETS

Charity that provides dental care to military veterans along the Central Coast including San Benito County.

2930 2nd Ave #140, Marina, CA 93933 (831) 883-9371
www.dentistry4vets.org

ORAL HEALTH PROGRAM - SAN BENITO COUNTY PUBLIC HEALTH SERVICES

1111 San Felipe Road, Hollister, CA 95023 (831) 637-5367
hhsa.cosb.us/sbc-oral-health-program

SALUD PARA LA GENTE

Nonprofit healthcare with clinics available for western San Benito County residents.

204 E Beach St Watsonville, CA 95076 (831) 728-0222
www.splg.org

SAN BENITO HEALTH FOUNDATION

Provides general care including dentistry. Sliding fee scale, bilingual, WIC site.

351 Felice Dr, Hollister, CA 95023 (831) 637-5306
www.sanbenitohealth.org

Education

BEPROXIMITY

Dedicated to fostering community with and for people racially classified as Black in America. Highlights Black historical education and cultural celebrations.

www.beproximity.org beproximity@gmail.com (831) 207-0909

AARP SMART DRIVER PROGRAM

Deduction on auto insurance upon completion of a monthly class.

www.aarp.org/auto/driver-safety (831) 728-4201

DEAF & HARD OF HEARING SERVICE CENTER (DHHSC)

Promotes self-determination while enhancing awareness, advocacy, and understanding. Provides equipment, assists employment. Salinas office serves SBC.

Local: 36 Quail Run Circle #100-T, Salinas, CA 93907 (831) 240-4020

www.DHHSC.org

DEAF & HARD OF HEARING STUDENT ONLINE COLLEGE GUIDE

Assists deaf and hard of hearing students learn about online accommodations colleges offer to comply with the American Disabilities Act, popular listening devices and applications, and scholarships.

www.intelligent.com/deaf-and-hard-of-hearing-student-online-college-guide

DISABILITY SERVICES - USA.GOV

Includes information on working with a disability and finding employment, funding caregivers, protection from harassment, ADA rights, etc. Formerly Disability.gov.

www.usa.gov/disability-services

DMV SAFE DRIVER INFO

Helps seniors maintain driving independence. Online FAQ and PDF guide.

Main: www.dmv.ca.gov/portal/driver-education-and-safety/special-interest-driver-guides/senior-drivers (800) 777-0133

GAVILAN COMMUNITY COLLEGE

Community Education

(408) 465-9369

Main Campus

(408) 848 – 4800

5055 Santa Teresa Blvd, Gilroy, CA 95020

www.gavilan.edu

Local Campus: 505 Fairview Road, Hollister, CA 95023 (831) 636-3783
Adult & Career Education Services (ACES) aces.gavilan.edu
Assists with ESL, GED, career skills, special programs for adults with disabilities, and teaches students how to navigate US Citizenship and test prep.

HOPE SERVICES

Offering day services, training/employment, and mental health services of all ages. Only accepts referrals from the San Andreas Regional Center (SARC). Clients enrolled in the Hope program are dually registered Gavilan College students.

320 4th Street, Hollister, CA 95023 (831) 638-6850
www.hopeservices.org

LIBRARIES

Local libraries offer wi-fi, multimedia, State Park passes, tech/device assistance, workshops, storytimes, book clubs, exercise and crafting classes, and more. All free!

AROMAS LIBRARY

389D Blohm Ave # D, Aromas, CA 95004 (831) 796-6128
www.co.monterey.ca.us/government/departments-i-z/library/locations/aromas-branch

LUCK LIBRARY (SAN JUAN BAUTISTA CITY LIBRARY)

801 2nd St, San Juan Bautista, CA 95045 (831) 623-4687
www.san-juan-bautista.ca.us/community/library.php

SAN BENITO COUNTY FREE LIBRARY

470 Fifth Street, Hollister, CA 95023 www.SBCFL.org
(831) 636-4107

OFFICE OF EDUCATION - SAN BENITO COUNTY

460 Fifth Street, Hollister, CA 95023 (831) 637-5393
www.sbcoe.org

OSHER LIFELONG LEARNING INSTITUTE (OLLI)

Offers peer interest groups, a monthly lecture series, and short courses taught by emeriti faculty to 600+ students (mostly aged 55-85). Open to SBC residents.

UCSC: 1156 High Street, Santa Cruz, CA 95064 (831) 502-8196
CSUMB: 8 Upper Ragsdale Dr, Monterey, CA 93940 (831) 582-5500
www.osherfoundation.org/olli.html

RED CROSS

For life-threatening emergencies, the agency encourages people to call 911 directly. For non-emergency general inquiries including classes, blood donations, and disaster relief donations, please contact the Hotline listed below.

Local: 440 San Benito Street (Epicenter), Hst, CA 95023 (831) 636-2100

Non-Emergency Assistance Hotline (800) 733-2767

Red Cross Hero Care (urgent military family assistance) (877) 272-7337

www.redcross.org

SAN BENITO LEADERSHIP INSTITUTE (SBLI)

A transformative program designed to equip participants with the knowledge and connections needed to make a meaningful impact in SBC. Now recruiting!

440 San Benito Street #6, Hollister, CA 95023

www.sanbenitleadership.org

sanbenitleadership@gmail.com

WAPPLE HOUSE MUSEUM, RESEARCH CENTER – SBC HISTORICAL SOCIETY

Free tours and an extensive Research Center with many educational resources.

498 Fifth St, Hollister, CA 95023

(831) 635-0335

www.sbchistoricalsociety.org

Employment

AMERICORPS / FOSTER GRANDPARENT / SENIOR COMPANION PROGRAMS - SENIORS COUNCIL

Pays non-taxable hourly stipends & travel reimbursement to low-income seniors who provide direct assistance with youth or the frail elderly.

175 Westridge Drive, Watsonville, CA 95076 (831) 688-0400 x 112

www.seniorscouncil.org/foster-grandparents-program-fgp

CALIFORNIA STATE DEPARTMENT OF VOCATIONAL REHABILITATION

Evaluation, retraining and job placement assistance for persons with vocational handicaps. San Benito County residents are directed to the Gilroy location.

8060 Santa Teresa Blvd #200, Gilroy, CA 95020 (408) 848-1345

www.dor.ca.gov

CENTRAL COAST CENTER FOR INDEPENDENT LIVING (CCCIL)

Offers advocacy, peer support, assistive technologies/devices, and independent living skills training for persons with disabilities. Assists SSDI inquiries and provides counseling around working with a disability. Bilingual.

c/o EDD 1111 San Felipe Road #107, Hollister, CA 95023 (831) 757-2968

www.cccil.org

EDD - AMERICA'S JOB CENTER - WORKFORCE DEVELOPMENT BOARD

Offered free of charge and include information about job openings and filing for unemployment benefits, workshops, resume information, and assistance.

Local: 1111 San Felipe Rd #107, Hst www.sbcjobs.org (831) 637-JOBS (5627)

EDD General Inquiries: www.edd.ca.gov (800) 300-5616

DEAF & HARD OF HEARING SERVICE CENTER (DHHSC)

Promotes self-determination while enhancing awareness, advocacy, and understanding. Provides equipment, assists employment. Salinas office serves SBC.

Local: 36 Quail Run Circle #100-T, Salinas, CA 93907 (831) 240-4020

www.DHHSC.org

DISABILITY SERVICES - USA.GOV

Includes information on working with a disability and finding employment, funding caregivers, protection from harassment, ADA rights, etc. Formerly Disability.gov.

FELTON INSTITUTE'S SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)

Preparing older adults to overcome challenges and remain competitive in today's job market through training, engagement, and workforce development in SBC.

www.felton.org/scsep

(415) 982-7007 x 334

LASER TATTOO REMOVAL PROGRAM - CATHOLIC CHARITIES

Removes barriers to employment while broadening opportunities. No age limit and low-cost fees provide access to this otherwise highly expensive treatment.

440 San Benito Street, Hollister, CA 95023

(831) 722-2675

www.catholiccharitiesdom.org

PENINSULA FAMILY SERVICE

Offers paid shifts with NPOs for low-income and unemployed seniors aged 55+.

Local: 1111 San Felipe Rd #107, Hollister, CA 95023

(831) 636-5196

www.peninsulafamilyservice.org

Equipment & Rentals

Some individuals use assistive technology in order to remain living independently which include devices that improve mobility and access to the environment, aids for daily living, and devices which assist communication. The ADRC advises consumers consult their doctors and insurance provider for potentially free or low-cost items; note that Medicare Part B covers mobility equipment upon approval.

AGING & DISABILITY RESOURCE CONNECTION (ADRC) OF SAN BENITO COUNTY – SENIORS COUNCIL

Service hub and network of organizations assisting seniors, individuals with disabilities, & caregivers. Some limited free equipment available upon assessment.

300 West Street, Hollister, CA 95023

(888) 637-6757

www.sanbenitoadrc.org

info@sanbenitoadrc.org

CALIFORNIA LIFELINE PROGRAM

Reduced rate telephone service to qualifying low-income customers.

English: (866) 272-0349

Spanish: (866) 272-0350

www.californialifeline.com

CALIFORNIA TELEPHONE ACCESS PROGRAM (CTAP)

Distributes free specialized telecommunications equipment and services for those with difficulty using a standard telephone. Doctor approval required. Open to SBC.

CTAP Contact Center

(800) 806-1191

www.californiaphones.org

CONSUMER REPORTS

An independent nonprofit organization that reviews consumer products. Browsing this website can be a useful tool prior to purchasing equipment.

www.consumerreports.org

CENTRAL COAST CENTER FOR INDEPENDENT LIVING (CCCIL)

Offers advocacy, SSDI counseling, peer support, assistive technologies/devices, and independent living skills training for persons with disabilities. Bilingual.

c/o EDD 1111 San Felipe Rd #107, Hst, CA 95023 (831) 757-2968

www.cccil.org

DEAF & HARD OF HEARING SERVICE CENTER (DHHSC)

Promotes self-determination while enhancing awareness, advocacy, and understanding. Provides equipment, assists employment. Salinas office serves SBC.

Local: 36 Quail Run Circle #100-T, Salinas, CA 93907 (831) 240-4020
www.DHHSC.org

DEPARTMENT OF VETERANS AFFAIRS

Provides programs such as TRICARE, CHAMPVA for Life, and Veterans Directed Home and Community Based Services (VD-HCBS).

www.va.gov (800) 698-2411

HAZEL'S TREASURES - HAZEL HAWKINS MEMORIAL HOSPITAL AUXILIARY

A non-profit thrift shop that often carries medical equipment including walkers, canes, orthopedic shoes, wheelchairs, incontinence supplies, and more.

898 San Benito Street, Hollister, CA 95023 (831) 638-0526
www.hazelstreasures.org

NUMOTION

Customized wheelchairs. Repairs wheelchairs, power and manual. Their Foundation also provides financial assistance toward medical equipment.

446 Westridge Dr, Watsonville, CA 95076 (831) 724-5544
www.numotionfoundation.org/grants-sponsorships www.numotion.com

THE HEARING FOUNDATION (formerly EAR OF THE LION)

Reconditioned hearing aids for low-income seniors and persons with disabilities.

www.earofthelion.org (800) 327-8077

UNITED SPINAL ASSOCIATION MEDICAL EQUIPMENT RESOURCE CENTER FOR SENIORS AND PERSONS WITH DISABILITIES

Most organizations listed have qualifying eligibility standards and limits on the amount of funding they will provide toward medical equipment.

unitedspinal.org/spinal-cord-resources

VALLEY HEARING CENTER

Services include hearing tests and consultations, hearing aid evaluations, live speech mapping, tinnitus treatment, and more. Limited hours, call for appt.

341 Tres Piños Rd #203, Hollister, CA 95023 (831) 202-3078
www.valleyhearingcenter.com

Faith-Based Organizations

APOSTOLIC ASSEMBLY LEARNING CENTER	
153 5 th St, Hollister, CA 95023	(831) 636-0700
ABUNDANT LIFE CHURCH	
790 Bolsa Road (Highway 25), Hollister, CA 95023	(831) 636-9144
CALVARY BAPTIST CHURCH	
1900 Highland Dr, Hollister, CA 95023	(831) 637-2909
CHURCH OF CHRIST	
620 Monterey Rd, Hollister, CA 95023	(831) 637-7988
FAITH HOPE & LOVE CENTER	
886 Central Ave Hollister, CA 95023	(831) 313-0078
GLAD TIDING CHURCH	
45 Muckelemi St, San Juan Bautista, CA 95045	(831) 623-4152
GRACE BIBLE CHURCH	
634 Monterey Rd, Hollister, CA 95023	(831) 638-1394
HILLSIDE CHRISTIAN FELLOWSHIP	
281 San Felipe Rd, Hollister, CA 95023	(831) 630-0800
CHRIST FELLOWSHIP (formerly HOLLISTER FIRST PRESBYTERIAN CHURCH)	
2066 San Benito St, Hollister, CA 95023	(831) 637-4350
HOME CHURCH OF HOLLISTER	
750 Ridgemark Dr, Hollister, CA 95023	(831) 634-1000
IMMACULATE CONCEPTION CATHOLIC CHURCH	
7290 Airline Highway, Tres Piños, CA 95075	(831) 628-3216
IN-CHRIST	
2300 Airline Highway, Hollister, CA 95023	(831) 636-5353
KINGDOM HALL OF JEHOVAH'S WITNESSES	
2410 Fallon Rd, Hollister, CA 95023	(831) 637-0956
LIBERTY CHRISTIAN CHURCH	
10 Mansfield Rd, Hollister, CA 95023	(831) 636-8041
LIGHTHOUSE APOSTOLIC CHURCH	
1515 Santa Ana Rd, Hollister, CA 95023	(831) 637-7390
NEW HARVEST CHURCH	
372 4 th St, Hollister, CA 95023	(831) 637-0643
RALLY POINT MINISTRIES	
401 McCray St, Hollister, CA 95023	(831) 313-1660

ST. BENEDICT SACRED HEART & CATHOLIC CHURCH

1200 Fairview Rd, Hollister, CA 95023 (831) 637-9212

670 College Street, Hollister, CA 95023 (831) 637-4157

SALVATION ARMY

910 Buena Vista Rd Hollister, CA 95023 (831) 636-9832

SEVENTH DAY ADVENTIST CHURCH

2121 Sunnyslope Rd, Hollister, CA 95023 (831) 637-5506

SOUTH VALLEY COMMUNITY CHURCH

2350 Technology Pkwy, Hollister, CA 95023 (831) 637-1056

THE PENTECOSTAL CHURCH

2340 Technology Pkwy, Hollister, CA 95023 (831) 635-0615

SUNNYSLOPE CHRISTIAN CENTER INC.

1520 Sunnyslope Rd, Hollister, CA 95023 (831) 313-1696

UNITED METHODIST CHURCH

521 Monterey Rd, Hollister, CA 95023 (831) 637-4240

Finances, Assistance, & Utility Programs

ADULT PROTECTIVE SERVICES / PUBLIC AUTHORITY - SBC HEALTH & HUMAN SERVICES

Provides services on behalf of elderly and dependent adults who are unable to protect themselves from fraud, scams, and other financial exploitation.

1111 San Felipe Rd #205, Hollister, CA 95023 (831) 636-4190

hhsa.cosb.us/children-and-adult-services/report-adult-abuse

AMERICAN ASSOCIATION OF RETIRED PERSONS (AARP) FOUNDATION

Offers resource guides for seniors on topics including legal & financial advice.

www.aarp.org/aarp-foundation

BIRCHBARK FOUNDATION

Helping pet owners through medical crises by providing financial support to low-income families. Free support group to those grieving the loss of their pet.

9029 Soquel Ave F, Santa Cruz, CA 95062 (831) 471-7912

www.birchbarkfoundation.org

CALIFORNIA ALTERNATE RATES FOR ENERGY (CARE) – PG&E

Provides discount on monthly PG&E bill to qualifying low-income customers.

401 McCray St #A, Hollister, CA 95023 (866) 743-2273

www.pge.com/care

CATHOLIC CHARITIES DIOCESE OF MONTEREY

Various aid for evictions, utility shutoff, rental aid, public assistance enrollments, immigration/citizenship, disaster Relief, and a Tattoo Removal Program.

440 San Benito St, Hollister, CA 95023 (831) 722-2675

www.catholiccharitiesdom.org

CENTRAL COAST ENERGY SERVICES

Offers the following programs to eligible low-income households: CARE (PG&E discount), Fast Track (emergency utility payments for shutoffs or home heating crisis), HEAP (financial assistant for utilities and budget counseling) and Weatherization at no cost to owner.

PO Box 2707, Watsonville, CA 95077-2707 (888) 728-3637

www.energyservices.org

HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM (HICAP) – SENIOR NETWORK SERVICES

Medicare assistance with claims, prescription drug benefits, supplemental insurance policies, long-term care insurance, Medigap, and Medicare Savings Programs. Offices in Hollister and SJB. Appointments preferred.

San Benito County: (831) 637-0630
www.seniornetworkservices.org

LION’S EYE FOUNDATION - LION’S CLUB INTERNATIONAL

May pay for eye exams, prescriptions, hearing aids, glasses, and related care for low-income residents. Offers scholarships and clinics.

PO Box 1103, Hollister, CA 95024 (831) 524-3552
www.lionsclubs.org

NATIONAL ENERGY ASSISTANCE REFERRAL LINE

Offers aid to find your local energy assistance office. Free service.

energyassistance@ncat.org (866) 674-6327 Hotline
www.ncat.org (866) 367-6228 TTY

NUMOTION FOUNDATION

Provides financial assistance to individuals in need of medical equipment.

www.numotionfoundation.org/grants-sponsorships

PARTNERSHIP FOR PRESCRIPTION ASSISTANCE

Connects individuals struggling to pay prescription drug costs with free or low-cost prescriptions and low-cost community health services.

www.pparx.org (571) 350-8643

PEACE OF MIND DOG RESCUE

Assists with pet relocation and provides volunteer and financial assistance so seniors can keep their pets with them as long as possible.

PO Box 51554, Pacific Grove, CA 93950 (831) 718-9122
www.peaceofminddogrescue.org

PROJECT SCOUT - SENIORS COUNCIL

Assisting low-income seniors with CalFresh enrollment, free tax preparation, and issues with the IRS and Franchise Tax Board.

Local: c/o ADRC 300 West Street, Hollister, CA 95023 (888) 637-6757
Main: 114 East 5th Street, Watsonville, CA 95076 (831) 724-2606
www.seniorscouncil.org

RECOLOGY'S DISCOUNT PROGRAM

Offers a 20% discount for customers 62 years and older and/or customers with disabilities who enrolls in either PG&E's CARE or AT&T's Lifeline programs.
1351 Pacheco Pass Highway, Gilroy, CA 95020 (831) 604-1715
www.recology.com/recology-san-benito-county

SAN BENITO COUNTY HEALTH & HUMAN SERVICES AGENCY

Supports and strengthens SBC residents by assuring safety, promoting self-sufficiency, eliminating poverty, and improving the quality of life in our community.
Community Services Block Grant (CSBG Cares) (831) 637-9293
For rent/water/garbage/internet + food for income eligible60+ and/or veterans.
Low-Income Home Energy Assistance Program (LIHEAP) (831) 637-9293
HOPWA for persons with HIV/AIDS *Rent + food + dental* (831) 637-9293
Public Assistance: CalWorks, Refugee Cash Assistance (RCA), Cash Assistance
Program for Immigrants (CAPI), Welfare Fraud, etc (831) 636-4180
Tenant-Based Rental Assistance (831) 637-9293
Community Workforce Development Board (831) 637-9293

SENIOR LEGAL SERVICES

Free legal advice and representation including eviction, Social Security, SSI, Medi-Cal, Medicare, fraud, elder abuse, and notary services (clients only). By appt.
440 San Benito St, Hollister, CA 95023 (831) 426-8824
www.seniorlegal.org

SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP) – US DEPARTMENT OF LABOR

Authorized by the Older Americans Act, this provides P/T training for low-income, unemployed seniors and access to assistance through American Job Centers.
www.doleta.gov/seniors

SOCIAL SECURITY ADMINISTRATION

San Benito County is serviced by the Social Security Administration office in Gilroy.
1059 1st St, Gilroy, CA 95020 (800) 772-1213
www.ssa.gov (800) 325-0778 TTY

US DEPARTMENT OF VETERANS AFFAIRS

San Benito County veterans are assisted by the VA-DoD Outpatient Clinic of the VA Palo Alto Health Care System in Marina. No emergency services or walk-in appointments at this location. Shuttle G transports veterans around Monterey, Capitola, Santa Cruz, San Jose, San Benito County, and Palo Alto. VA ID required. All veterans are encouraged to first call the Advice Nurse below.

Advice Nurse	(800) 455-0057 x 4
VA Clinic: 201 Ninth Street, Marina, CA 93933	(831) 884-1000
San Benito County Shuttle G Pick-ups (by appt)	(650) 333-7063
Office of the U.S. Dept. of Veterans Affairs	(800) 827-1000
1301 Clay St, Rm 1400, N Tower, Oakland, CA 94612	www.va.gov

WATER RESOURCES ASSOCIATION OF SBC (SBC WATER DISTRICT)

Assists in various ways to help save water and funds, including rebates (landscape irrigation, water softeners, toilets, etc), consulting, inspections, and more.

30 Manfield Road, Hollister, CA 95023	(831) 637-4378
www.wrasbc.org	

Food & Meal Programs

AROMAS GRANGE

Offers pancake breakfasts, exercise classes, workshops, tech classes, free food distribution (1st and 3rd Tuesdays, 5pm-6pm), shows, rental space and much more.
<https://www.aromasgrange.org> (831) 227-3920

BENEFITSCAL (CALFRESH/SNAP) - CALIFORNIA DEPT OF SOCIAL SERVICES

Use BenefitsCal to apply for CalFresh, CalWORKs, Medi-Cal and other public assistance programs. “CalFresh” (formerly CA Food Stamps) is California’s term for the federal Supplemental Nutrition Assistance Program (SNAP) which provides monthly electronic benefits onto EBT cards to help buy groceries.
San Benito County Public Assistance: (831) 636-4180
BenefitsCal Main: www.benefitscal.com (877) 847-3663
EBT Retail Locator: Locate CalFresh-authorized retailers by entering a street address or zip code. www.fns.usda.gov/snap/retailer-locator

COMMUNITY FOOD BANK OF SAN BENITO COUNTY

Offers a Boutique, student snack bags, senior brown bag delivery, multiple weekly food distribution sites (listed below), volunteer opportunities, and more.
1133 San Felipe Rd, Hollister, CA 95023 (831) 637-0340
www.communityfoodbankofsbcc.org

DISTRIBUTION SCHEDULE: Subject to change; please call for updates.

Food Bank: Drive Thru	Thur-Sat 9:00 AM - 11:45 AM
Food Bank: Marketplace	Thur-Sat 9:00 AM - 3:00 PM
Hernandez Park: Central Ave/Willow St, Hst	Mon 12:30 PM - 1:30 PM
[Across From] True Value: Rajkovich Rd, Hst	Mon 2:00 PM - 3:00 PM
Prospect Apts: Park St/Sherwood Dr, Hst	Tues 12:30 PM - 1:30 PM
[Across From] Memorial Dr Skate Park , Hst	Tues 2:00 PM - 3:00 PM
Hollister High: Riverview Pkwy/Nash, Hst	Wed 12:30 PM - 1:30 PM
Dunne Park: 600 West St, Hst	Wed 2:00 PM - 3:00 PM
Marshall’s Mkt: 300 Carpenteria Rd, Aromas	Thurs 10:00 AM - 10:30 AM
McCarthy Park: 133 McCarthy St, Hst	Thurs 12:30 AM - 1:30 PM
El Nopal Bakery: Third St/San Benito, Hst	Thur 2:00 PM - 3:00 PM
VFW Post 6359, 58 Monterey St, SJB	Fri 12:00 PM - 12:30 PM
Immaculate Conception: 7290 Airline Hwy, Tres Piños	Fri 12:30 PM - 1:00 PM

Salvation Army: 910 Buena Vista Rd, Hst
Fishes & Loaves: 680 College St, Hst

Tues 1:00 PM- 2:00 PM
M-W-F 10:00 AM-12:00 PM

HUNGER FREE AMERICA - U.S. DEPARTMENT OF AGRICULTURE

Provides information on local SNAP offices, federal benefits programs, and offers a national database of food resources.

(866) 3-HUNGRY English

(877) 8-HAMBRE Spanish

www.hungerfreeamerica.org/en-us/usda-national-hunger-hotline

MARTHA'S KITCHEN – MEALS ON WHEELS

Local operator of Meals on Wheels food deliveries and daily congregate luncheons and activities (crafts or exercises) at sites in Hollister and SJB.

San Juan Bautista Community Center: 10 San Jose St, SJB, CA 95045

Pauline Valdivia Memorial Community Center: 300 West St, Hollister, CA 95023

www.marthas-kitchen.org

(669) 437-0865

MARY VELASCO SELLEN SENIOR CENTER (MVSSC)

Offering congregate meals, speakers, free exercise and recreational classes. Technology workshops planned out of its office in Windmill Plaza in SJB.

Luncheon/Exercise: VFW, 58 Monterey St, SJB, CA 95045 (831) 262-3484

Main Office: 301 The Alameda #B-5, SJB, CA 95045

www.mvsscspb.org

NUTRITION.GOV

Resources for nutritional information and services offered through Senior Centers.

www.nutrition.gov/topics/nutrition-life-stage/older-adults

SALVATION ARMY

Offers Food Pantry/Distribution and Hot Meals on Tuesdays 1:00 PM-2:00 PM.

910 Buena Vista Rd Hollister, CA 95023

(831) 636-9832

hollister.salvationarmy.org

SAN BENITO COUNTY HEALTH & HUMAN SERVICES AGENCY

Community Services Block Grant (CSBG Cares): For rent/water/garbage/internet + food for income eligible 60+ and/or veterans. (831) 637-9293

HOPWA for persons with HIV/AIDS Rent + food + dental (831) 637-9293

Public Assistance: CalFresh

(831) 636-4180

Health Support Services

ALZHEIMER'S ASSOCIATION OF NORTHERN CALIFORNIA AND N. NEVADA

Offers consultations, support groups, education, and more for people living with Alzheimer's disease or other dementia along with their families and caregivers.

www.alz.org/norcal (800) 272-3900

AMERICAN ACADEMY OF OPHTHALMOLOGY

Vision care for disadvantaged senior citizens. Provides exams but not eyeglasses.

www.aao.org/eyecare-america (877) 887-6327

AMERICAN CANCER SOCIETY

www.cancer.org (800) 227-2345

AMERICAN DIABETES ASSOCIATION

www.diabetes.org (800) 342-2383

AMERICAN HEART ASSOCIATION & AMERICAN STROKE ASSOCIATION

www.heart.org (408) 606-5940

AMERICAN KIDNEY FUND

www.kidneyfund.org (800) 638-8299

AMERICAN LIVER FOUNDATION

www.liverfoundation.org (800) 465-4837

AMERICAN LUNG ASSOCIATION

www.lung.org (800) 586-4872

ARTHRITIS FOUNDATION

www.arthritis.org/northern-california 24/7 HELPLINE (800) 283-7800

BENEFITS CHECK UP

Online tool that provides free access to public and private benefits programs for seniors with limited incomes and resources.

www.benefitscheckup.org

BENEFIT FINDER

A government website providing free information on various medical benefits.

www.benefits.gov

BLOOD CANCER UNITED (formerly LEUKEMIA & LYMPHOMA SOCIETY)

www.bloodcancerunited.org

(800) 955-4572

CABRILLO COLLEGE STROKE & DISABILITY LEARNING CENTER

Education and support for persons who experiencing functional loss due to strokes or other acquired disabilities. Open to San Benito County residents.

6500 Soquel Drive, Aptos, CA 95003

(831) 477-3300

318 Union St, Watsonville, CA 95076

(831) 786-4700

www.strokecenter.com

CANCER DETECTION PROGRAM - CA DEPT OF HEALTH CARE SERVICES

Free mammogram & breast exam (40+) and cervical cancer (21+) screening for eligible low-income applicants.

www.dhcs.ca.gov/everywomancounts

(831) 511-2300

CANCER RESOURCE CENTER

Access to information and community services relating to all aspects of cancer care. Free support and information for patients, families, and friends.

3150 Mission Drive, Santa Cruz, CA 95065

(831) 462-7770

www.dignityhealth.org/dominican/cancercare

HEALTH PROJECTS CENTER – MSSP, ECM, DEL MAR CAREGIVER

Offers the following programs in San Benito County: MSSP, ECM, and Del Mar Caregiver Resource Center. Offers care planning advice, care management, workforce development, respite care, support groups, workshops, and more.

Del Mar CRC: 440 San Benito St, Hst, CA 95023

(800) 624-8304

www.delmarcaregiver.org

Health Projects Center: 440 San Benito St, Hst, CA 95023

(800) 624-8304

www.HPCN.org

MSSP: 440 San Benito St, Hst, CA 95023

(800) 624-8304

www.hpcn.org/mssp

HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM (HICAP) – SENIOR NETWORK SERVICES

Assistance with Medicare and Medi-Cal claims, prescription drug benefits, supplemental insurance policies, long-term care insurance, Medigap, and Medicare Savings Programs. Offices in Hollister and SJB. Appointments preferred.

San Benito County: (831) 637-0630

www.seniornetworkservices.org

HEARING LOSS ASSOCIATION OF AMERICA

www.hearingloss.org (301) 657-2248

LION'S EYE FOUNDATION - LION'S CLUB INTERNATIONAL

May pay for eye exams, prescriptions, hearing aids, glasses, and related care for low-income residents. Offers scholarships and clinics.

PO Box 1103, Hollister, CA 95024 (831) 524-3552

Eyeglass Dropoff Box c/o ADRC 300 West St, Hst (888) 637-6757

www.lionsclubs.org

RED CROSS

For life-threatening emergencies, the agency encourages people to call 911 directly. For non-emergency general inquiries including classes, blood donations, and disaster relief donations, please contact the Hotline listed below.

Local: 440 San Benito Street (Epicenter), Hst, CA 95023 (831) 636-2100

Non-Emergency Assistance Hotline (800) 733-2767

Red Cross Hero Care (urgent military family assistance) (877) 272-7337

www.redcross.org

SAN BENITO HEALTH FOUNDATION

Provides general care including dentistry. Sliding fee scale, bilingual, WIC site.

351 Felice Dr, Hollister, CA 95023 (831) 637-5306

www.sanbenitohealth.org

THE CENTERS FOR MEDICARE AND MEDICAID SERVICES (CMS)

Free educational resources of basic health care laws and ongoing changes in the health care system. Assessment tools, forms, and more available to print.

Medicare Inquiries: (800) 633-4227

Medicaid/NPI Inquiries: (800) 465-3293

CMS Regional Office: 90 7TH St #5-300W, SF, CA 94130 (NO LOCAL #)
SF Email: ROSFOORA@cms.hhs.gov www.cms.gov

THE HEARING FOUNDATION (formerly EAR OF THE LION)

Reconditioned hearing aids for low-income seniors and persons with disabilities.
www.earofthelion.org (800) 327-8077

TRI-COUNTIES SPEECH THERAPY SERVICES

Provides speech and language services, community awareness, and early-intervention issues for English and Spanish speaking individuals.
591 McCray St, Hollister, CA 95023 (831) 630-9044
tricountiesspeechservices@gmail.com

US CENTERS FOR DISEASE CONTROL AND PREVENTION (CDC)

A national agency, the CDC protects against health, safety, and security threats.
www.cdc.gov (800) 232-4636

VALLEY HEARING CENTER

Services include hearing tests and consultations, hearing aid evaluations, live speech mapping, tinnitus treatment, and more. Limited hours, call for appt.
341 Tres Piños Rd #203, Hollister, CA 95023 (831) 202-3078
www.valleyhearingcenter.com

YMCA DIABETES PREVENTION PROGRAM

Helps adults at high risk of developing diabetes or those with existing diabetes. Now partnered with Hazel Hawkins Hospital Barragan Diabetes Center.
www.hazelhawkins.com/services/diabetes-services (831) 637-2022
www.ymca.org/what-we-do/healthy-living/fitness/diabetes-prevention

ZOCALO HEALTH

Nonprofit agency assisting Hispanic Central Coast Alliance for Health (CCAH)/Medical members. Transparent culturally-aligned care including \$50 virtual visits.
www.zocalo.health hello@zocalo.health (213) 855-3465

Hospitals & Clinics

Locations listed within a 1-hour radius of San Benito County.

HOSPITALS

Community Hospital of the Monterey Peninsula	(831) 624-5311
Dominican Hospital: Santa Cruz	(831) 462-7700
Hazel Hawkins Memorial Hospital: Hollister	(831) 637-5711
Natividad Medical Center: Salinas	(831) 755-4111
St. Louise Regional Hospital: Gilroy	(408) 848-2000
Salinas Valley Memorial Hospital	(831) 757-4333
Sutter Health: Watsonville	(831) 458-5860
Watsonville Community Hospital	(831) 724-4741

HAZEL HAWKINS MEMORIAL HOSPITAL

Full-service hospital with emergency room providing health care to SBC.

Principal: 911 Sunset Drive, Hollister, CA 95023	(831) 637-5711
Barragan Diabetes Center & Clinic (18+): 930 Sunnyslope Road #A2, Hollister	
www.hazelhawkins.com/services/diabetes-services	(831) 637-2022
Community Health Center: 930 Sunset Dr #3, Hst	(831) 636-2664
Mabie Health Care Center: 991 4th St, Hst	(831) 636-3277
Mabie First Street Clinic: 321 First St, Hst	(831) 638-1652
McCray Lab: 591 McCray St #111, Hst	(831) 636-1436
SJB Clinic: 301 The Alameda #B-3, SJB	(831) 623-4615
Sunnyslope Lab: 920 Sunnyslope Rd Floor 2, Hst	(831) 635-9656
www.hazelhawkins.com	

HOLLISTER URGENT CARE

The clinic offers walk-in non-emergency care including sports physicals, wound care, and minor procedures. FSA/HAS funds accepted; otherwise, cash only.

890 Sunset Dr #B2, Hollister, CA 95023	(831) 621-1182
www.hollisterurgentcare.com	

PLANNED PARENTHOOD MAR MONTE

Primary health care for men and women. Bilingual. Sliding scale fees, Medi-Cal accepted. Hollister and Gilroy locations now permanently closed.

316 N Main St, Salinas, CA 93901	(408) 847-1739
398 S Green Valley Rd, Watsonville, CA 95076	(831) 724-7525

www.plannedparenthood.org

SAN BENITO HEALTH FOUNDATION

Provides general care including dentistry. Sliding fee scale, bilingual, WIC site.

351 Felice Dr, Hollister, CA 95023 (831) 637-5306

www.sanbenitohealth.org

SATELLITE HEALTHCARE DIALYSIS CENTER OF HOLLISTER

Provides individualized compassionate kidney care from healthcare professionals.

1100 E Park St, Hollister, CA 95023 (831) 665-6115

www.satellitehealthcare.com

US DEPARTMENT OF VETERANS AFFAIRS

San Benito County veterans are assisted by the VA-DoD Outpatient Clinic of the VA Palo Alto Health Care System in Marina. No emergency services or walk-in appointments at this location. Shuttle G transports veterans around Monterey, Capitola, Santa Cruz, San Jose, San Benito County, and Palo Alto. VA ID required. All veterans are encouraged to first call the Advice Nurse below.

Advice Nurse (800) 455-0057 x 4

VA Clinic: 201 Ninth Street, Marina, CA 93933 (831) 884-1000

San Benito County Shuttle G Pick-ups (by appt) (650) 333-7063

ZOCALO HEALTH

Nonprofit agency assisting Hispanic Central Coast Alliance for Health (CCH)/Medi-Cal members. Transparent culturally-aligned care including \$50 virtual visits.

www.zocalo.health hello@zocalo.health (213) 855-3465

Housing

Senior homelessness is a growing concern throughout the USA. More than 30% of the nation's homeless people were aged 50 and older as of 2019. Every day, over 400 homeless people in San Benito County need emergency shelter. If you have a rental option, please contact the ADRC office: (888) 637-6757.

AGING & DISABILITY RESOURCE CONNECTION (ADRC) OF SAN BENITO COUNTY – SENIORS COUNCIL

Service hub and network of committed organizations assisting older adults, individuals living with disabilities, and caregivers. Housing resources available!

300 West Street, Hollister, CA 95023

(888) 637-6757

www.sanbenitoadrc.org

info@sanbenitoadrc.org

CATHOLIC CHARITIES DIOCESE OF MONTEREY

Various aid for evictions, utility shutoff, rental aid, public assistance enrollments, immigration/citizenship, disaster Relief, and a Tattoo Removal Program.

440 San Benito St, Hollister, CA 95023

(831) 722-2675

www.catholiccharitiesdom.org

CITY OF HOLLISTER HOUSING PROGRAMS DIVISION

Increases and preserves the community's supply of low and moderate income housing. In the past, the Agency has offered rehabilitation loans, first time homebuyer loans, and self-help programs. Call for current offerings.

339 Fifth Street, Hollister, CA 95023

(831) 636-4356

Housing Program Coordinator:

housing@hollister.ca.gov

COMMUNITY HOUSING IMPROVEMENT SYSTEMS AND PLANNING ASSOCIATION, INC (CHISPA)

CHISPA builds and renovates single-family homes and apartments for low and moderate-income people in San Benito and nearby counties. Also offering onsite educational and recreational programs for residents through local community partnerships.

295 Main Street #100, Salinas, CA 93901

(831) 757-6251

www.chispahousing.org

COMMUNITY SERVICE WORKFORCE DEVELOPMENT (CSWD) - SAN BENITO COUNTY HEALTH & HUMAN SERVICES AGENCY

Assistance with temporary and permanent housing placement. Programs often change and there are various eligibility requirements, so please call for current info.

ESG Rapid Rehousing	(831) 637-9293
H.O.M.E. Resource Center, Helping Hands, and Transitional Housing Program	
www.communityhomelessolutions.org/hrc	
1161 San Felipe Rd, Hst, CA 95023	(831) 256-1852
Housing & Disability Advocacy Program	(831) 636-4180
Housing Support Program (CalWorks)	(831) 636-4180
Migrant Housing (May - November)	(831) 637-9293
Winter Shelter (for families, December - March)	(831) 637-9293

Community Workforce Development Board:	(831) 637-9293
1111 San Felipe Rd #107, Hollister, CA 95023	www.sbcccab.com
hhsa.cosb.us/community-service-workforce-development	

ENHANCED CARE MANAGEMENT (ECM) PROGRAMS

Enhanced Care Management (ECM) programs help Medi-Cal/Central California Alliance for Health (CCA) participants navigate complex medical and social needs around housing, food, home upkeep, respite care, transportation, and more.

For Further Reading and Eligibility Criteria:
www.thealliance.health/for-members/get-care/other-services/community-supports

There are thirty agencies currently providing ECM services within San Benito County. Below are three ECM programs recommended by the ADRC due to established collaborative partnerships and a singular historic focus on SBC seniors:

COMMUNITY BRIDGES	communitybridges.org/enhanced-care-management
400 San Benito St (Epicenter), Hollister, CA 95023	(831) 688-8840
HEALTH PROJECTS CENTER	www.hpcn.org/ecm
400 San Benito St (Epicenter), Hollister, CA 95023	(800) 624-8304
SENIOR NETWORK SERVICES Hollister & SJB	(831) 462-1434
seniornetworkservices.org/what-we-do/#casemanagement-support	

HOUSING ASSISTANCE PROGRAM GUIDE

Provides a comprehensive list of the various federal and state government aid programs that are available to help seniors access housing options and other necessities without facing severe financial duress.

<https://www.seniorhousingnet.com/advice-and-planning/guide-to-government-aid-for-seniors>

HOUSING AUTHORITY OF SANTA CRUZ & SAN BENITO COUNTIES

The Housing Authority of the County of Santa Cruz operates the Housing Choice Voucher (Section 8) program for SBC. There is a ten year waitlist for vouchers.

Main: 2160 41st Avenue, Capitola, CA 95010-2040 (831) 454-9455 Main
www.HACOSantaCruz.org Hollister Helpline: (831) 637-0487

HOUSING DIVISION, PLANNING & LAND USE DIVISION - SAN BENITO COUNTY RESOURCE MANAGEMENT AGENCY

www.sanbenitocountyca.gov/departments/resource-management-agency/housing-economic-development-division
2301 Technology Parkway, Hollister, CA 95023 (831) 637-5313

LONG-TERM CARE OMBUDSMAN PROGRAM -SENIOR NETWORK SERVICES

Investigates complaints of abuse reported at licensed long-term care facilities, resolves conflicts, ensures rights are protected at assisted living facilities, and provides guidance on selecting a facility in San Benito or Santa Cruz Counties.

1500 41st Ave #222, Capitola, CA 95010 (831) 636-1638
www.seniornetworkservices.org/long-term-ombudsman

RESIDENTIAL CARE HOMES & SKILLED NURSING FACILITIES (SNFs)

BONITA SPRINGS SENIOR CARE: 1257 Steinbeck Dr, Hst (408) 679-0011
CLEARVIEW CARE HOME: 3370 Cienega, Hst (831) 637-4463
WHISPERING PINES: 476 Los Viboras Rd, Hst (831) 636-9620
HAZEL HAWKINS MEMORIAL HOSPITAL SKILLED NURSING FACILITIES:
SOUTHSIDE: 911-A Sunset Dr, Hollister, CA 95023 (831) 475-6323
NORTHSIDE: 900 Sunset Dr, Hollister, CA 95023 (831) 635-1106

SECTION 8 / LOW-INCOME HOUSING IN SAN BENITO COUNTY

Buena Vista Apartments 810 Buena Vista Rd, Hst (831) 585-1348
Gateway Palms 455 Westside Blvd, Hst (831) 636-0144
Lado Del Rio 901 Del Rio Dr, Hst (831) 637-0657
Prospect Villa II 970 Prospect Ave, Hst (831) 636-1997
Rancho Park 1200 Rancho Dr, Hst (831) 636-0144
Rustic Gardens 190 Sierra Ct, Hst (831) 636-0144
Sunrise Sunrise Apts (CHISPA) 580 Westside Blvd, Hst (831) 757-6251

Villa Luna	850 Hillcrest Rd, Hst	(831) 637-6336
Vista De Oro	350 Miller Road, Hst	(831) 638-1175
Vista Meadows	108 E Park St, Hst	(831) 636-0120
Westside Terrace	900 Nash Rd, Hst	(831) 636-0144

SENIOR LEGAL SERVICES

Free legal advice and representation including eviction, Social Security, SSI, Medi-Cal, Medicare, fraud, elder abuse, and notary services (clients only). By appt.

440 San Benito St, Hollister, CA 95023 (831) 426-8824
www.seniorlegal.org

SUN STREET CENTERS

State licensed independent living centers providing shelter and assistance to people (of all ages) suffering from drug and/or alcohol addiction.

Women: 335 6th Street, Hollister, CA 95023 (831) 265-7317
 Men: 8 Sun St, Salinas, CA 93901 (831) 753-5145
www.sunstreetcenters.org

TRILOGY AT SAN JUAN OAKS

San Juan Oaks offers exclusive lifestyle amenities to residents aged 55+.

3825 Union Rd, Hollister, CA 95023 (831) 636-6113
www.sanjuanoaks.com

TWIN OAKS

A 55+ active lifestyle community with world class amenities. Classes and events open to residents and friends by invitation only.

2071 Red Oak Dr, Hollister, CA 95023 (831) 800-2334
www.twinoakshollister.com

UNA CASA MAS FUND – BAY AREA HOUSING CORP

Acquires, adapts, and manages quality homes specifically modified for people with Intellectual and Developmental Disabilities. Now serving SBC residents.

101 Church Street #4, Los Gatos, CA 95030 (408) 395-5100 x 102
www.BAHC1.org

Information & Referral/Assistance (I&R/A)

AGING & DISABILITY RESOURCE CONNECTION (ADRC) OF SAN BENITO COUNTY – SENIORS COUNCIL

Service hub and network of committed organizations assisting seniors, individuals living with disabilities, and caregivers. Helpful resource center!

300 West Street, Hollister, CA 95023 (888) 637-6757
www.sanbenitoadrc.org info@sanbenitoadrc.org

CENTRAL COAST CENTER FOR INDEPENDENT LIVING (CCCIL)

Offers advocacy, peer support, assistive technologies/devices, and independent living skills training for persons with disabilities. Bilingual. By appointment only.

c/o EDD 1111 San Felipe Road #107, Hst, CA 95023 (831) 757-2968
www.cccil.org

HOPE SERVICES

Offering day services, training/employment, and mental health services of all ages. Only accepts referrals from the San Andreas Regional Center (SARC).

320 4th Street, Hollister, CA 95023 (831) 638-6850
www.hopeservices.org

SAN BENITO COUNTY BEHAVIORAL HEALTH DEPARTMENT

Main Line (888) 636-4020
24/7/365 Crisis Intervention (831) 902-2911

UNITED FOR SAN BENITO

For essential community services. Formerly United Way of San Benito County.

440 San Benito Street, Hollister, CA 95023 211
www.unitedforsanbenito.org

VETERAN SERVICES

Assists with benefits counseling, claims/appeals, advocacy, referrals to VA, etc.

649 San Benito Street #115, Hollister, CA 95023 (831) 637-4846
www.countyofmonterey.gov/government/departments-i-z/military-veterans#mva

Legal & Consumer Services

AGING & DISABILITY RESOURCE CONNECTION (ADRC) OF SAN BENITO COUNTY – SENIORS COUNCIL

Service hub and network of committed organizations assisting seniors, individuals living with disabilities, and caregivers. Helpful resource center includes consumer information on SBC rebates, tutorials on locating inexpensive items (eyeglasses, hearing aids, devices), local food distribution sites, scam/fraud awareness, etc.

300 West Street, Hollister, CA 95023

(888) 637-6757

www.sanbenitoadrc.org

info@sanbenitoadrc.org

CALIFORNIA DEPARTMENT OF INSURANCE

Consumer hotline receives complaints about insurance and insurance agents.

www.insurance.ca.gov

(800) 927-4357

CALIFORNIA RURAL LEGAL ASSISTANCE (CRLA)

Free legal assistance for low-income adults in SBC including Civil Rights, Employment, & Health Care claims.

21 Carr Street, Watsonville, CA 95076

(831) 724-2253 x 500

www.crla.org

CALIFORNIA VICTIM COMPENSATION PROGRAM - CA BOARD OF CONTROL

Victims may receive financial assistance for losses resulting from a crime.

P.O. Box 3036, Sacramento, CA 95812

(800) 777-9229

www.victims.ca.gov

CATHOLIC CHARITIES DIOCESE OF MONTEREY

Various aid for evictions, utility shutoff, public assistance enrollments, immigration/citizenship, disaster Relief, and a Tattoo Removal Program.

440 San Benito St, Hollister, CA 95023

(831) 722-2675

www.catholiccharitiesdom.org

DISABILITY RIGHTS NETWORK (DRN)

Federally-mandated organization for persons with disabilities that promotes self-determination, accessibility, and inclusion while advocating against discrimination.

www.ndrn.org

(916) 504-5800

DISTRICT ATTORNEY – SAN BENITO COUNTY

419 4th St. Hollister, CA 95023

(831) 636-4120

www.sanbenitocountyca.gov/departments/district-attorney

FAMILY LAW FACILITATOR & SELF-HELP CENTER - SAN BENITO COUNTY

Family Law Facilitator offers form packets, but does not provide in-person legal advice. Assists with medical insurance issues and family law issues.

Self-Help Center is open for walk-ins (weekdays until noon), phone, and email support. Assists with small claims, name/gender change, restraining orders, guardianship, conservatorship, civil collections, referrals, and form review.

450 Fourth Street, Hollister, CA 95023

(831) 636-4057

www.sanbenito.courts.ca.gov/self-help/family-law

ID CARD REPLACEMENT – SBC HEALTH & HUMAN SERVICES

Provides free or low fee assistance for clients who have lost their ID card. If client is on Cash Aid, they must get the form from their worker. Driver's license not eligible.

1111 San Felipe Road #107, Hollister, CA 95023

(831) 637-9293

hhsa.cosb.us/community-service-workforce-development

NOTARY ASSISTANCE IN SAN BENITO COUNTY

While for-profit notary services are plentiful in San Benito County, these nonprofit and/or public service agencies provide notary assistance for a small fee:

LUCK LIBRARY: 801 2nd St, SJB, CA 95045

(831) 623-4687

SBC CLERK-RECORDER: 1601 Lana Way, Hst, CA 95023

(831) 636-4029

SENIOR LEGAL SERVICES: *Only provides notary services to established clientele.*

440 San Benito St, Hst, CA 95023 www.seniorlegal.org

(831) 426-8824

SENIOR LEGAL SERVICES

Free legal advice and representation including Social Security, SSI, Medi-Cal, Medicare, housing, fraud, elder abuse, and notary services (clients only). By appt.

440 San Benito St, Hollister, CA 95023

(831) 426-8824

www.seniorlegal.org

SOCIAL SECURITY ADMINISTRATION

San Benito County is serviced by the Social Security Administration office in Gilroy.

1059 1st St, Gilroy, CA 95020

(800) 772-1213

www.ssa.gov

Recreation & Exercise

Note that some of the listings below are facilitated by for-profit organizations. For a list of recreational opportunities (including schedules, discounts, and locations) around SBC, call the ADRC office: 888-637-6757.

ADAPTIVE PHYSICAL EDUCATION - GAVILAN COLLEGE

Focused classes for students with disabilities provided by qualified instructors through a number of water and gym activities. One time enrollment fee.

www.gavilan.edu/student/aec/ape.php (408) 848-4767

ART DEPOT - SAN BENITO COUNTY ARTS COUNCIL

35 5th Street Suite D, Hollister, CA 95023 (831) 636-2787

CALIFORNIA STATE PARKS & STATE VEHICULAR RECREATIONAL AREAS

FREMONT PEAK www.parks.ca.gov/?page_id=564

Highlights: Star shows and amazing trail views.

10700 San Juan Canyon Rd, SJB (831) 623-4255

HOLLISTER HILLS SVRA ohv.parks.ca.gov/?page_id=1179

Highlights: ATV exploration + Mudstone Ranch moonlight walks.

7800 Cienega Rd, Hst (931) 637-3874

PACHECO STATE PARK www.parks.ca.gov/?page_id=560

Highlights: Known best for its wildflowers, birds, and biking trails.

38787 Dinosaur Point Rd, Hollister, CA 95023 (209) 826-6283

SAN JUAN BAUTISTA HISTORIC PARK www.parks.ca.gov/?page_id=563

Annual Vertigo tour and movie screening and monthly living history events.

19 Franklin St, San Juan Bautista, CA 95045 (831) 623-4881

SAN LUIS RESERVOIR www.parks.ca.gov/?page_id=558

Highlights: Popular for kayaking, camping, and fishing.

31426 Gonzaga Road, Gustine, CA 95322 (209) 826-1197

CASA DE FRUTA

Expansive historic roadside attraction offering an amusement park, train, lodging (campground, inn, cabins), event space, diner, wine tasting, and gourmet gifts.

10021 Pacheco Pass Hwy, Hst, CA 95023 info@casadefruta.com

CITY OF HOLLISTER PARKS & RECREATION

Offers parks, local sports, and seasonal events for all ages and abilities.

300 West St, Hollister, CA 95023

(831) 636-4390

hollister.ca.gov/government/parks_and_recreation/index.php

EL TEATRO CAMPESINO

El Teatro is a beloved local landmark that has achieved national recognition as an artistic generator of social change in the USA. Founded by Luiz Valdez on the picket lines of Cesar Chavez's United Farmworkers Union in 1965.

Playhouse: 705 4th St, San Juan Bautista, CA 95045

(831) 623-2444

www.elteatrocampesino.com

GOLF COURSES

RIDGEMARK: 3800 Airline Hwy, Hollister, CA 95023

(831) 637-8151

SAN JUAN OAKS: 3825 Union Rd, Hollister, CA 95023

(831) 636-6113

GROWING HEARTS GARDEN CENTER

Assists special needs adults and allies with skillset development through classes, fundraisers, and a community garden (at Park Hill) in a supportive environment.

growingheartsgardencenter.org

(831) 537-7700

Community Garden: Corner of Hill Street & Hill Court, Vista Park Hill, Hollister

JOVENES DE ANTAÑO

Recreational activities include loteria, bingo, and casino trips.

300 West St, Hollister, CA 95023

(831) 637-9275

www.jdaseniors.org

LIBRARIES

Local libraries offer wi-fi, multimedia, State Park passes, tech/device assistance, workshops, storytimes, book clubs, exercise and crafting classes, and more. All free!

AROMAS: 389D Blohm Ave # D, Aromas, CA 95004

(831) 796-6128

www.co.monterey.ca.us/government/departments-i-z/library/locations/aromas-branch

HOLLISTER: 470 5th St, Hst, CA 95023

www.SBCFL.org (831) 636-4107

SAN JUAN BAUTISTA: 801 2nd St, SJB CA 95045

(831) 623-4687

www.san-juan-bautista.ca.us/community/library.php

MARY VELASCO SELLEN SENIOR CENTER (MVSSC)

Offering congregate meals, speakers, free exercise, and recreational classes.

Luncheons & Exercise: 58 Monterey St, SJB, CA 95045

(831) 262-3484

Main Office: 301 The Alameda #B-5, SJB, CA 95045

www.mvsscsjb.org

MISSION SAN JUAN BAUTISTA

Founded in 1797. Offering weekly worship options, giftshop, tours, and events.

406 Second St, SJB, CA 95045

Parish Office: (831) 623-2127

Giftshop: (831) 623- 4528

www.oldmissionsjb.org

ORIANA CHORALE

Non-Profit community choir offering live performances and music education.

www.orianachorale.org

PINNACLES NATIONAL PARK

5000 East Entrance Road, Paicines, CA 95043

(831) 389-4486

www.nps.gov/pinn/index.htm

PREMIER CINEMAS

Discounts including senior/student/military, plus all shows are \$6.50 on Tuesdays.

641 McCray St, Hollister, CA 95023

(831) 638-1800

www.premierecinemas.net

RECREATION, EXERCISE, ADVENTURE, COMMUNITY HEALTH (REACH) SBC

Offers a useful map of San Benito County parks and trails on their website.

www.reachsanbenito.org

SAN BENITO COUNTY HISTORICAL & RECREATIONAL PARK

Offering seasonal events, museum(s), trails, camping, a “historical village”, and self-guided tours administered by the SBC Historical Society.

8300 Airline Highway, Tres Piños, CA 95075

Reservations: (831) 636-4170

www.sbchistoricalsociety.org/historical-village

SAN BENITO STAGE COMPANY

A community theater group that provides performing arts experiences that enrich the lives of its members and patrons.

1760 Airline Hwy Suite F184, Hollister, CA 95023

(831) 636-0122

YMCA OF SAN BENITO COUNTY

Programs for all ages at various locations including the Baler Aquatic Center.

351 Tres Piños Rd #A-201, Hollister, CA 95023

(831) 637-8600

www.centralcoastymca.org

Support Services

AGING & DISABILITY RESOURCE CONNECTION (ADRC) OF SAN BENITO COUNTY – SENIORS COUNCIL

Service hub and network of committed organizations assisting seniors, individuals living with disabilities, and caregivers. Helpful wraparound support services include a 24/7 I&R/A helpline, walk-in availability, home visits, wellness checks, and more.

300 West Street, Hollister, CA 95023

(888) 637-6757

www.sanbenitoadrc.org

info@sanbenitoadrc.org

ALZHEIMER'S ASSOCIATION OF NORTHERN CALIFORNIA AND N. NEVADA

Offers consultations, support groups, education, and more for people living with Alzheimer's disease or other dementia along with their families and caregivers.

www.alz.org/norcal

(800) 272-3900

EMMAUS HOUSE

Crisis Intervention Service providing shelter and assistance to women (all ages) and children who are victims of domestic violence.

440 San Benito St, Hollister, CA 95023

(877) 778-7978 Hotline

www.emmaushouse.net

(831) 630-5899 Admin

ENHANCED CARE MANAGEMENT (ECM) PROGRAMS

Enhanced Care Management (ECM) programs help Medi-Cal/Central California Alliance for Health (CCAH) participants navigate complex medical and social needs around housing, food, home upkeep, respite care, transportation, and more. For further Reading and Eligibility Criteria:

www.thealliance.health/for-members/get-care/other-services/community-supports

There are dozens of agencies providing ECM support services in SBC. Some agencies providing ECM are more appropriate than others in meeting the specific support needs of a given individual. All are approved Medi-Cal Managed Care providers of ECM services through the Central Coast Alliance for Aging (CCAH). For a complete detailed list which includes specific services offered by each ECM provider, please contact CCAH (800-700-3874) or the ADRC (888-637-6757). Local ECM programs with a specific focus and history of providing services for older adults include:

COMMUNITY BRIDGES

(831) 688-8840

HEALTH PROJECTS CENTER

(800) 624-8304

SUN STREET CENTERS

State licensed independent living centers providing shelter and assistance to people (of all ages) suffering from drug and/or alcohol addiction.

Women: 335 6th Street, Hollister, CA 95023 (831) 265-7317

Men: 8 Sun St, Salinas, CA 93901 (831) 753-5145

www.sunstreetcenters.org

TRI-COUNTIES SPEECH THERAPY SERVICES

Provides speech and language services, community awareness, and early-intervention issues for English and Spanish speaking individuals.

591 McCray St, Hollister, CA 95023 (831) 630-9044

tricityspeechservices@gmail.com

VETERAN RESOURCES IN SAN BENITO COUNTY

AMERICAN LEGION: Advocates for veterans, service members, and their families.

Post 69: 649 San Benito St, Hollister, CA 95023 (831) 637-7011

alapresident69@gmail.com www.facebook.com/ALAUUnit69Hollister

Auxiliary: 649 San Benito St, Hollister, CA 95023 (831) 801-2587

VETERAN SERVICES (MONTEREY & SBC MILITARY & VETERAN'S SERVICES)

Assists with benefits counseling, claims/appeals, advocacy, referrals to VA, etc.

649 San Benito St #115, Hollister, CA 95023 (831) 637-4846

www.countyofmonterey.gov/government/departments-i-z/military-veterans#mva

VETERANS OF FOREIGN WARS (VFW): *Assists veterans who served overseas.*
Hollister

VFW Post 9242: 649 San Benito St #204, Hst, CA 95023 (831) 637-6015

Dugout: 649 San Benito St (faces East St), Hst, CA 95023 (831) 637-5321

vfwpost9242@gmail.com www.vfw9242.org

Auxiliary: 649 San Benito St #218, Hst (831) 637-4846

San Juan Bautista

VFW Post 6359: 58 Monterey St, SJB, CA 95045 (408) 603-9065

vfwpost6359@gmail.com www.vfw6359.org

Auxiliary: 58 Monterey St, SJB, CA 95045 (408) 603-9065

Transportation

COUNTY EXPRESS

Provides convenient affordable transportation services around SBC and adjoining areas including routes to the Gilroy Transit Center, Palo Alto (Stanford Medical Center), Watsonville, Salinas, and the VA in Marina.

Dispatch/Info: 3240 Southside Rd, Hollister, CA 95023 (831) 636-4161

Admin: 650 San Benito Street #120, Hollister, CA 95023 (831) 637-7665

Dial-A-Ride: www.sanbenitocountyexpress.org/dialaride.html

Rideshare: www.sanbenitocountyexpress.org/rideshare.html

GILROY TRANSIT CENTER

This multipurpose station is used for public and private transport. San Benito County Express customers (see above) can be driven to the Gilroy Transit Center.

7150 Monterey St, Gilroy, CA 95020

CALTRAIN: <https://www.caltrain.com/station/gilroy>

VRTA: www.vta.org/getting-around/park-and-ride-lots-gilroy-caltrain-station

AMTRAK: www.amtrak.com/stations/gly

GREYHOUND: www.greyhound.com/bus/gilroy-ca/gilroy-bus-stop

MONTEREY-SALINAS TRANSIT (MST) & RIDES PROGRAM

MST also offers a paratransit program "MST RIDES" to customers who have a disability that prevents them from using MST's regular fixed route bus service.

www.mstmobility.org (888) 678-2871

NATIONAL AGING & DISABILITY TRANSPORTATION CENTER

Promotes availability and accessibility of transportation options for older adults and people with disabilities.

www.nadtc.org (866) 983-3222

VETERAN'S SERVICES OF MONTEREY & SAN BENITO COUNTIES

Transportation options available for veterans.

649 San Benito Street #115, Hollister, CA 95023 (831) 637-4846

www.sanbenitocountyca.gov/services/community/veterans-services

Volunteer Organizations

Seniors Council and the Community Foundation of San Benito County have created a new volunteer center called "San Benito Connect" to provide volunteer placement within local organizations. For details, refer to the program below.

AMERICORPS / FOSTER GRANDPARENT / SENIOR COMPANION PROGRAMS - SENIORS COUNCIL OF SANTA CRUZ AND SAN BENITO COUNTIES

Pays non-taxable hourly stipends & travel reimbursement to low-income seniors who provide direct assistance with youth or the frail elderly.

c/o ADRC, 300 West St, Hollister, CA 95023 (888) 637-6757
175 Westridge Drive, Watsonville, CA 95076 (831) 688-0400 x 112
www.seniorscouncil.org/foster-grandparents-program-fgp

COMMUNITY FOOD BANK OF SAN BENITO

Services include a Boutique, Marketplace, student snack bags, senior delivery, multiple weekly food distribution sites, volunteer opportunities, and more.

1133 San Felipe Rd, Hollister, CA 95023 (831) 637-0340
www.communityfoodbankofsbc.org

HAZEL HAWKINS MEMORIAL HOSPITAL AUXILIARY

Provides job experience and enrichment for seniors. Many volunteer opportunities available including the Gift Shop, Lobby, and Hazel's Treasures (thrift shop).

911 Sunset Dr, Hollister, CA 95023 (831) 636-2681

SAN BENITO CONNECT (VOLUNTEER CENTER) - SENIORS COUNCIL OF SANTA CRUZ AND SAN BENITO COUNTIES and THE COMMUNITY FOUNDATION FOR SAN BENITO COUNTY

An online database tool for those seeking to volunteer - and the agencies who desperately need them! The program also offers a monthly newsletter filled with local events, various agency announcements, and volunteer spotlights.

440 San Benito Street, Hollister, CA 95023 (831) 975-2596 x 204
www.sbcvolunteers.org

UNITED FOR SAN BENITO

For essential community services. Formerly United Way of San Benito County.

440 San Benito Street, Hollister, CA 95023 211
www.unitedforsanbenito.org

MAKE A DIFFERENCE VOLUNTEER TODAY!

Give Back and Stay Connected.

Volunteering offers a fulfilling way to stay engaged, connect with your community, and give back. It can boost mental and physical well-being by providing a sense of purpose and fostering new social connections.

Whether you're passionate about helping seniors or you're a senior yourself, there are countless ways to get involved!

Volunteer

TODAY IN
SAN BENITO COUNTY

FIND VOLUNTEER



OPPORTUNITIES



- **CAREGIVING SUPPORT**
- **COMPANIONSHIP AND SOCIAL EVENTS**
- **TRANSPORTATION ASSISTANCE**
- **AND SO MUCH MORE...**

GET IN TOUCH

☎ **Phone: 831-975-2596 ext 204**

✉ **Email: Coreys@sbcvolunteers.org**

🌐 **Website: www.sbcvolunteers.org**



PARTNERSHIPS:



**Institute
on Aging**



*Community
Foundation*

FOR SAN BENITO COUNTY



CENTRAL COAST
— CENTER FOR —
INDEPENDENT LIVING



**Del Mar Caregiver
Resource Center**

A Program of Health Projects Center